



Seattle ASG Newsletter for August 2023, Volume 25, Number 8



FROM OUR CHAPTER PRESIDENT

I am writing this from New York City, where I am attending the ASG National Conference. Your dues sent me here to elect National Directors and to participate in leadership training and fellowship. I have had great talks with the other Washington Chapter Presidents (all 3 of them) and I see a great deal more inter-chapter cooperation in our future. I am loving the prospect. We all spent the afternoon listening to a riveting speaker talking about diversity, bias and ways we can expand our minds to benefit both our personal lives and the membership of our chapter. The theme of the conference is “Sustainability” and we are all being educated in ways to make our sewing lives longer-lasting and richer. This ranges from discussions of zero waste to attracting new members through our program offerings and the ways we market ourselves to the general public. How we present ourselves and how we interact with others plays a big part in the eventual success and longevity of our group. I will be bringing a lot of fresh ideas to our CAB and membership (along with fabric from Mood and some new sewing hacks from the classes I am scheduled to take in the next three days). I’m willing to share all of the ideas, but the yardage is mine, all mine!

Carolyn Pauw Barden



LINKS TO CHAPTER AND ASG WEBSITES

Greater Seattle ASG www.seattleasg.org

American Sewing Guild www.asg.org

Facebook Page

<https://www.facebook.com/groups/247194862603864/>

Instagram If you would like to share your work, new techniques learned, or just something your super excited about that you have created, share it with us! Please send 1-3 photos with your name and a brief description about what you did or learned! Two ways to share you can email your submissions to seattleasgsubmissions@gmail.com or you can text them to 425-606-4001



CHAPTER RETREATS

Fall Retreat @ Camp Huston 2023



Video Tour [Camp Huston grounds and sewing area. - Greater Seattle ASG | Facebook](#)

If uninterrupted sewing is your idea of fun, come join us for our annual retreat at Camp Huston, lots of time to sew, take a walk, nap, or read a book, (bonus no cooking, no dishes).

Camp Huston has both double or single rooms. If you wish to share a room, please email me to let me know who you will be sharing with, otherwise I will draw a roommate for you.

Registration

Registration is easy, just click the link below to pay. *Please note our payment system does not have a 'cutoff' option. We will take registrations in the order they are received, if we are overbooked Fran will contact you and a refund will be issued.*

4-days/3-nights: September 28th – October 1st, 2023. Please note the time for Thursday's arrival is 9 am and checkout time is 2pm on Sunday.

Single room \$490 Registration/payment link-

<https://buy.stripe.com/9AQ7uT7gs5UPeql4gF>

Double room \$380 Registration/payment link-

<https://buy.stripe.com/aEUeXl1W84QL6YgdRg>

3-days/2-nights: September 29th – October 1st, 2023. Please note the time for Friday's arrival is 9 am and our checkout time is 2pm on Sunday.

Single room \$367 Registration/payment link-

<https://buy.stripe.com/dR66qPOS4bf9bew28z>

Double room \$285 Registration/payment link-

<https://buy.stripe.com/14kcPd30c0AvgYQ7sU>

Linens: To help offset the increase in costs last year we chose to bring our own linens: towels, twin sheets/pillow cases, blankets, and pillows. If you prefer to use Camp Huston linens the cost is \$18. Send me an email and I will send you the payment link.

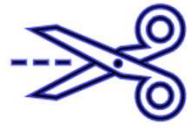
You can also register by logging into our website <https://seattleasg.org>. You will find the payment link under the Events tab. If the retreat is full and you would like to be put on a waiting list, or have questions please email Fran, retreats@seattleasg.org.

Once registration is complete, Fran will send out an email requesting dietary requirements.

For those that would like an alcoholic beverage, BYOB, we are purchasing a banquet permit for Friday and Saturday. Voluntary contributions to offset the cost of the permit will be collected at the retreat.

Cancellations- We understand that sometimes life gets in the way, if you need to cancel, we will try to find someone to take your spot so that we can give you a refund. If we cannot find someone to take your place, and it is after the final cutoff date per our contract, we will be unable to refund you. If you need to cancel, please let us know ASAP so we can offer your spot to those on the waiting list. To cancel email Fran at retreats@seattleasg.org and text or call her at 425-231-4426.

Due to Covid Camp Huston is requiring that attendees provide proof of vaccination or a negative PCR test (taken within 72 hours of the event). Please do not attend the retreat if you are sick, call Fran at 425-231-4426 to cancel.



EDUCATION AND EVENTS

Picnic in the Park August 12th

The Greater Seattle ASG Picnic in the Park will be on Saturday, August 12th, from 12 pm to 4 pm at Aubrey Davis Park on Mercer Island. There will be a cake and liquid refreshments to enjoy. Bring your own lunch and any fabrics, kits or notions you wish to give away at the fabric swap. Come and share your stories and tips with your fellow sewists!

To find the picnic shelter at Aubrey Davis Park on Mercer Island:

Use your preferred method to get to Aubrey Davis Park on Mercer Island. As you approach the park, you will come to 72nd Ave SE, and cross over an overpass. As soon as you cross over, turn left into the parking lot. There is some parking under the overpass and more in the lot next to it. When you get out, head toward the overpass and walk under it. On the other side, there is a restroom on your left and a baseball field in front of you with a paved path around it. If you look across the field, you will see the picnic shelter at the far end. There are 8 small picnic tables there and a drinking fountain. As the shelter is some distance away, it will help to have a cart, wagon or other wheeled method to carry your things to it. You may also wish to bring a small table on which to place your swap items. Take either path around the baseball field to get to the shelter. There are 8 small picnic tables there and a drinking fountain.

See the attached map of the park:

Aubrey Davis Park





**Pamela Leggett Reveals the
Secrets to Sewing Great
Shapewear
to Seattle ASG via ZOOM
October 22, 1-3pm**

Pamela Leggett has been teaching sewing since 1981, specializing in pattern fitting, fine garment sewing skills, knits and serging. but it was her passion and commitment to creating garments that fit and flatter real women that led her to design her first pattern in 2005. Pamela recognized that many of her students were making the same pattern adjustments to commercial patterns over and over. So, she took matters into her own hands and started creating patterns with the most common fitting adjustments already built in. The result? A better fit right out of the envelope!

But, if the pattern fits, why shapewear? Simple! Because shapewear creates a smoother, sleeker silhouette, allowing your clothes to fit better, hang better and look better! And who doesn't want to look and feel better?

Why make your own? COMFORT!! Shapewear doesn't need to squish your fluff or constrict your breathing. Making your own puts *you* in control of the control! Plus, it's easy, inexpensive and fun to sew your own.

Pamela will show you how to create three types of garments – an under bust cami (you can still wear your own bra!), high waisted undies and a slimming, control-top slip. She'll also share her secrets to sewing with stretchy lingerie fabrics, elastics and trims. You'll be sure to learn something new in this informative presentation.

Register early as space is limited!

Register here: <https://buy.stripe.com/3csaH51W8fvpeqI4gE>

Cost: \$25

Event: Secrets to Sewing Great Shapewear

Presenter: Pamela Leggett, Owner and Designer of Pamela's Patterns

Date: Sunday, October 22, 2023

Time: 1-3pm

Platform: Zoom

Recording: This class will be recorded and available to registrants for 3 weeks after the event.

CAB Elections & Call for Nominations

The Greater Seattle Chapter of the American Sewing Guild is seeking nominations for the three elected positions of chapter President, Secretary and Treasurer. These positions are for a one year term with a limit of four consecutive years. This year our Treasurer and Secretary are eligible to continue serving in their current positions, and have elected to do so. Carolyn Pauw-Barden's 4-year term as President is complete, and a new candidate must be elected.

The Nominating Committee is accepting additional nominations for any of the three elected positions until September 10th. To nominate yourself or another member please contact Maris Olsen, chair of the Nominating Committee at 425-941-0379 or maris.olsen@gmail.com.

The current roster of nominees to date are:

Cathleen Katte – President (new candidate for incoming President)

Cori Hartje – Treasurer (current Treasurer)

Marion Scichilone – Secretary (current Secretary)

The election will take place on or before the Annual Meeting on November 4th. All remaining CAB chairs, such as Publicity, Events, Education, Historian, etc, will be appointed at the CAB Annual Planning meeting in January.

Questions? Reach out to any CAB member, or maris.olsen@gmail.com



LAUGH A LITTLE





WELCOME TO NEW MEMBERS & MEMBER SPOTLIGHT

New Members

Mary Kenfield
Cheryl Sidhu

Federal Way
Federal Way

Spotlight on a Member



Michelle Stoffel

Where do you now live?

I live in Stanwood, WA (North of Everett)

Where do you come from?

Born and raised Washingtonian!

When and where did you begin sewing?

I learned how to sew using a Palmer/Pletsch kid's sewing book when I was about 7 and took a few classes at a local fabric store. I learned to sew pre-YouTube, but I'm sure this would have been a valuable resource!

Did you have a mentor who taught you?

I'm mostly self-taught (other than a couple of basic classes), but my mom was (and still is) always there to help when I got stuck or didn't understand something.

Do you enter contests (regional or national)?

I've never really been much of a contest person.

Have you won any awards in the contests you have entered?

I entered an iSpy quilt in a quilt show and won the kids category when I was 9 or 10, but that is the only contest I remember entering.

What other crafts do you practice?

I'm an all-around maker—I'm always up for trying something new! Some of you are probably familiar with collecting hobbies! The ones I have most stuck with are cross-stitch, wool embroidery (Sue Spargo), quilting, bag making, cooking/baking, and gardening.

Other crafts I have tried are macrame, weaving, dyeing, knitting, crochet, scrapbooking, jewelry making...there are probably others. And crafts I'm anxious to try are shoe making, mosaic, and pottery.

What do you usually sew?

I usually sew comfy knits garments—pullovers, hoodies, tees. But I also enjoy sewing other seasonal garments that I can use as samples for work and then enjoy in my own wardrobe. Right now, I've been working on more woven tops/shirts and summer pants.

What are your favorite machines for sewing and why?

I don't know that I have a favorite machine. I've always sewed with a Pfaff, but now also have a Bernina in the mix which is quite powerful and lots of features I'm still learning. I also have a Babylock serger and coverstitch, which I love since I sew so many knits!

What tools do you like and why?

I don't use a lot of tools but I have some basic ones that are always out in my sewing area—My Kai Professional scissors, rotary cutter, pattern notcher, chaco pen, hot ruler, clip bodkin. Here is a link to my go-to favorites— <https://stylemakerfabrics.com/collections/michelles-picks>



What sewing techniques are you really good at?

I'm more of a Jill-of-all-trades, master of none. There is no sewing technique I'm scared to try or learn, but I wouldn't call myself a master of anything. If I had to pick my best technique, it is probably applying bias binding. I credit my years of quilting and apply all my techniques from that to garment sewing—I like how seamlessly quilters join binding ends, no bulk and the seam disappears. I also machine stitch binding in placed and ALWAYS finish it by hand.

What sewing techniques do you want to learn?

I'd like to get better at collars and plackets. It seems like I always end up with a pucker or an area where the layers don't match up quite right somewhere. I know I should learn more about fit too, but just hasn't been high on my priority list.

Do you have favorite pattern companies?

I sew almost exclusively indie patterns, I like that they have all been tested, offer lots of resources, and come from fellow small businesses. I always have good luck with anything I make from [Closet Core Patterns](#) and [Named Clothing](#). Favorites include: [Cielo Top](#), [Carolyn Pajamas](#), [Sloan Sweatshirt](#). I have also sewed just about every bag pattern from [Noodlehead](#) (I highly recommend!)

I've tried patterns from just about all the designers [we carry at Style Maker Fabrics](#), and have not had a bad experience with any of them!

Do you have favorite fabric sources?

I'm very fortunate that I have my own fabric store at my fingertips. I am co-owner of [Style Maker Fabrics](#) and shop pretty much exclusively from what we stock. Occasionally I'll order specific quilting fabric that we don't carry online, or if I'm shopping locally my go-to quilt shop is Calico Creations in Mt. Vernon.

What keeps you sewing?

I love that I haven't been clothes shopping in forever. Yes, I buy a few RTW things I don't have time to sew, but for the most part I don't buy clothes anymore. Not only is this more sustainable, I have a wardrobe of unique things that I love. I also really enjoy the act of making something and having a finished product I can wear and enjoy at the end of my efforts. And of all the "crafts" I do, being able to wear your project is the most satisfying!

Why did you join ASG?

I joined ASG to meet more fellow sewists and learn from their amazing wealth of knowledge. While I haven't met too many my age (mid-30s) or with my same self-taught fearless background, I have made some amazing sewing friends and it is always fun to learn more about what they are sewing, learning, etc.

Anything else you want to share?

There is a HUGE sewing community out there online, many of whom are here locally, and I'd love to find a way to make ASG more inviting to the "younger" crowd. Yes, we are self-taught. Yes, we don't always sew something the way it "should" be done. But that's OK! We are creating some pretty amazing garments and tackling projects many sewists would never dream of and having a blast doing it! I think we can all learn from each other and enjoy each other's company doing it!

My suggestions for the group—1) Try more indie patterns! You'll be surprised how many more resources they offer than the BIG 4. 2) Tackle a project outside of your comfort zone—sew a pair of jeans, a bag, a lined coat—teach yourself and learn something new. 3) Join the SeattleSews Facebook group—they are a very active exciting group 4) Check out the amazing sewing community on Instagram—it is a very valuable resource!





NEIGHBORHOOD & SPECIAL INTEREST GROUPS

You are always welcome to attend any of these groups. Reach out for more information.

Bellevue

When: First Monday of every month, 4:00 PM – 5:30 PM

Where: **Quality Sewing and Vacuum**, 4315 NE 20th St., Bellevue

E-mail: bellevueng@seattleasg.org

Everett

When: Third Monday of every month, 4:00 PM – 5:30 PM

Where: **Quality Sewing and Vacuum**, 1201 SE Everett Mall Way #A, Everett

E-mail: everettng@seattleasg.org

Greater Seattle ASG Zoom

When: Second Saturday of every month, 10:00 AM

Where: Zoom

E-mail: suetripp98@seattleasg.org

North Seattle

When: Third Sunday every Month, 1:00 PM – 3:00 PM

Where: Greenwood Senior Center, 525 N 85th St., Seattle

E-mail: northseattleng@seattleasg.org

Skagit Valley

When: Second Monday of every month, 3:30 PM – 5:30 PM

Where: **Quality Sewing and Vacuum**, 426 E College Way, Mount Vernon

E-mail: skagitvalleyng@seattleasg.org

West Seattle

When: Third Saturday of every month, 10:00 AM – 12:00 PM

Where: Barbara O'Steen's Home, 4364 SW Cloverdale St., Seattle

E-mail: westseattleng@seattleasg.org

Day Seamers – Ongoing clothing and fit. ALL skill levels welcome.

When: Fourth Tuesday of every month, 10:30 AM

Where: Carolyn Barden's home, Lake Forest Park (send e-mail for location)

E-mail: dayseamersng@seattleasg.org

Embroidery Group

When: Third Thursday of every month, 7:00 PM

Where: Mary Ann's home, Bellevue (send e-mail for location)

E-mail: maa@allenspace.net

Ronald McDonald Mending Group – On going mending group for Ronald McDonald House. Bring your sewing machine or serger and your enthusiasm! Sit and sew to help those in need. Bring a lunch or buy one next door.

When: First Monday of every month, 10:00 AM – 2:00 PM

Where: Ronald McDonald House, 5130 40th Ave. NE, Seattle

E-mail: rmhcmending@seattlelease.org

SWAG – Seattle Wearable Arts Group

When: First Friday of every month, 9:30 AM – 11:30 AM

Where: Zoom (occasional meetings at someone's home)

E-mail: cynthiawriter@gmail.com

Working Women's Couture – Practical Couture for Everyday

When: Fourth Saturday of every month, 10:00 AM

Where: Zoom

E-mail: wwcoutureng@seattleasg.org



KNOW YOUR CHAPTER ADVISORY BOARD (CAB)

President - Carolyn Pauw Barden president@seattleasg.org

Secretary - Marion Scichilone secretary@seattleasg.org

Treasurer - Cori Hartje treasurer@seattleasg.org

Retreats - Fran Daoust retreats@seattleasg.org

Education - Maris Olsen edu_events@seattleasg.org

Historian - Bobbie Kalben historian@seattleasg.org

Membership - Marcia DeKoekkoek membership@seattleasg.org

Group Coordinator - Kathrine Dietz ngcoordinator@seattleasg.org

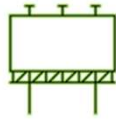
Social Media - OPEN POSITION publicity@seattleasg.org

Special Events - Patty Teubner events@seattleasg.org

Webmaster - Cathy Katte webmaster@seattleasg.org

Newsletter – Kathy Ives newletter@seattleasg.org

If you are interested in the open CAB positions, please contact us
president@seattleasg.org



SENSITIVITY POLICY

The American Sewing Guild, Inc. (ASG) is committed to equal access and opportunity for all. To foster the spirit of community within the ASG and between ASG and the community at large, we will demonstrate respect and sensitivity toward one another through word and deed. While representing the ASG or participating in an ASG activity, we will not promote or endorse divisiveness regarding any of the above or any other area that may fall into the category of sensitive subject matter.



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